

3rd-5th

The Adrian Maples Specials Teachers Invite YOU to JOIN IN THE GAMES!

If you're missing your time in Gym, Art, Music, Technology and Spanish as much as we miss you, take some time over the next few weeks to JOIN IN THE GAMES! Each week fill in the spaces to make a "BINGO" or customize it to fit your family. Let us know what your favorite activities were by posting a picture or comment on your class's Facebook page. We can't wait to hear from you! Have fun and JOIN IN THE GAMES!

G	A	M	E	S
(Gym)	(Art)	(Music)	(Engaging Technology)	(Spanish)
<p>Do each movement around your house or across your yard or sidewalk and back one time. Walk, Skip, Side Shuffle, Run. Time yourself and see if you can do it faster next time.</p>	<p>Draw or paint something. Then cut it apart and make a collage out of it.</p>	<p>Use household items to create homemade instruments (ex. rice in a jar, oatmeal box, wooden sticks)</p>	<p>Send Mrs. Kemerer an email at mkemerer@adrian.k12.mi.us</p>	<p>Count to 10 in Spanish (uno, dos, tres, cuatro, cinco, seis, siete, ocho, nueve, diez)</p>
<p>Fitness Challenge: (try to beat your record another day) How many pushups can you do in 1 minute? How many Sit-ups can you do in 1 minute? How long can you hold a plank?</p>	<p>Trace your hand, divide into sections, then fill each section with a different pattern.</p>	<p>Compose four different rhythm patterns, 4-8 beats each. Draw them, and teach them to someone at home.</p>	<p>Create a google slide show about what you are doing each day to stay busy</p>	<p>Say the Days of the Week in Spanish (Lunes, Martes, Miércoles, Jueves, Viernes, Sábado, Domingo)</p>
<p>Overhand Throw, Kick or toss a ball towards a safe target. Try to get at least 25 throws and 25 kicks. Remember to step forward with your opposite foot when you throw or kick. Playing catch with a household family member works too.</p>	<p>Paint on something that is not paper (tin foil, eggs, wood, sidewalk, window, etc)</p>	<p>Sing along and dance to one of your favorite songs.</p>	<p>Go to www.abcy.com and play a game at your grade level</p>	<p>Say the color of your shirt in Spanish (Rosa, Rojo, Amarillo, Azul, Verde, Anaranjado, Morado, Blanco, Negro)</p>
<p>Run for 10 Minutes and Stretch. Butterfly, toe touch, and heels to back pockets for 10 seconds each after running.</p>	<p>Find a picture you really like or find interesting. Study it and try to draw it on a scrap piece of paper. Try to make it look exact. Once done you can even add color.</p>	<p>Research a classical composer. What is the name of your classical composer? When and where were they born? List a few songs they wrote you enjoyed listening to.</p>	<p>Using a phone or tablet, make a video of something you are doing today</p>	<p>Say the Months of the Year in Spanish (Enero, Febrero, Marzo, Abril, Mayo, Junio, Julio, Agosto, Septiembre, Octubre, Noviembre, Diciembre)</p>
<p>Make an obstacle course to go through. Include movements like running, jumping, climbing, bear crawl, and exercises like push ups, planks, lunges and sit ups. Get Creative, make it fun.</p>	<p>Do a fun drawing prompt. Pick 3 random objects or have someone else pick for you. Creatively draw all three things into a cool illustration!</p>	<p>Make your own Glockenspiel. Fill glasses with different amounts of water and line them up. Use a wooden spoon to tap the glasses. Can you play high to low and low to high?</p>	<p>Take a selfie. You can use a filter if you have that option. Try to post it in our google classroom so we can see you and you can see us!</p>	<p>Tell someone "Good Morning" in Spanish (Buenos días)</p>