

# When to stay home and when students will be sent home

*This UPDATED guidance came from the Lenawee County Health Department on 3/24/21 and will be followed by Adrian Public Schools.*

Students and staff should not go to school or any school related activities or sports if they are having symptoms of COVID-19. **If they start having symptoms of COVID-19 while at school, they will need to be sent home.**

Symptoms that exclude a child from school are:

ONE OF THESE SYMPTOMS:

- Fever of 100.4 or higher
- Sore throat
- Diarrhea/vomiting/abdominal pain
- New onset severe headache
- New onset cough

*The symptoms of COVID-19 are subject to change based on the latest research available.* **The parent or guardian will be instructed to call their health care provider.** If they do not have a health care provider, they may contact the Lenawee County Health Department (517) 264-5226, Option 5 to speak with a public health nurse (Monday-Friday 8AM-4:30PM.)

We know that there is an overlap between the list of symptoms associated with COVID-19 and other common illnesses, including seasonal allergies. Students or staff with pre-existing health conditions that present with specific COVID-19 like symptoms may not need to be excluded if a health care provider has evaluated them and determined the symptoms are not due to COVID-19. If the symptoms of pre-existing health conditions are worsening or changing, the student or staff may still be required to be excluded and not return until re-evaluated or tested.

**If the findings from the health care provider and testing find:**

**Child or staff has symptoms of COVID-19 and tests POSITIVE for COVID-19 with a nasal/throat swab.**

- Keep out of school until it has been at least 10 days from the first day they had symptoms AND they have had 24 hours with no fever without the use of fever reducing medications and have improving conditions.
- There is no need to get a "negative test" or doctor's note to clear the child or staff to return to school if they meet these criteria.

**Child or staff has symptoms of COVID-19 and no testing for COVID-19 was done:** Keep out of school until it has been at LEAST 10 days from the first day they had symptoms AND they have had 24 hours with no fever without the use of fever reducing medication AND symptoms are improving OR they may return if their health care provider diagnoses them with another cause for their symptoms (ex. Urinary tract infection, strep, allergies) and the family presents a note from the provider stating when they can return based on their actual diagnoses.

**Child or staff has symptoms of COVID-19 and tests Negative for COVID-19**

- If they were exposed to COVID-19 within past 10 days (close contact to case of COVID) they must complete their full 10-day quarantine.
- Otherwise, they may return with a health care provider note saying their symptoms are not due to COVID-19.

**Child or staff that has been exposed to COVID-19 but has no symptoms**

- Must be in quarantine (excluded from school) for 10 days from the last day of exposure to a COVID positive individual. If they do not develop any symptoms during that time period, their quarantine period can end after 10 days. However, they must continue to monitor for symptoms for four additional days. If they show symptoms during the 10-day quarantine, they should remain in quarantine for 14 full days. In Michigan, an individual cannot test out of quarantine. Even if they receive a negative test, they must complete their full quarantine. Staff must complete a full 14 day quarantine.

**Parent must make personal contact with the school on all of the above scenarios and provide written documents from the health care providers before a student will be allowed to return to class.**