

When to stay home and when students will be sent home

This guidance comes from the Lenawee County Health Department and will be followed by Adrian Public Schools.

Students and staff should not go to school or any school related activities or sports if they are having symptoms of COVID-19. **If they start having symptoms of COVID-19 while at school, they will need to be sent home.**

Symptoms include:

- Fever or chills
- New cough
- Shortness of breath or difficulty breathing
- Fatigue or Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat or congestion or runny nose
- Nausea or vomiting/Diarrhea

The symptoms of COVID-19 are subject to change based on the latest research available. The parent or guardian will be instructed to call their health care provider. If they do not have a health care provider, they may contact the Lenawee County Health Department (517) 264-5226, Option 5 to speak with a public health nurse (Monday-Friday 8AM-4:30PM) We know that there is an overlap between the list of symptoms associated with COVID-19 and other common causes, including seasonal allergies. Students or staff with pre-existing health conditions that present with specific COVID-19 like symptoms such as seasonal allergies may not need to be excluded, if a health care provider has evaluated them and determined the symptoms are not due to COVID-19. However, if these symptoms are worsening or changing, the student or staff may still be required to be excluded and not return until re-evaluated or tested.

If the findings from the health care provider and testing find:

Child or staff has symptoms of COVID-19 and tests POSITIVE for COVID-19 with a nasal/throat swab.

- Keep out of school until it has been at least 10 days from the first day they had symptoms AND they have had 24 hours with no fever and have improving conditions.
- There is no need to get a "negative test" or doctor's note to clear the child or staff to return to school if they meet these criteria.

Child or staff has symptoms of COVID-19 and no testing for COVID-19 was done:

- Keep out of school until it has been at LEAST 10 days from the first day they had symptoms AND they have had 24 hours with no fever without the use of fever reducing medication AND symptoms are improving OR they may return if their health care provider diagnoses them with another cause for their symptoms (ex. Urinary tract infection, strep, allergies) and the family presents a note from the provider stating when they can return based on their actual diagnoses.

Child or staff has symptoms of COVID-19 and tests Negative for COVID-19

- If they were exposed to COVID-19 within past 14 days; keep out of school until it has been 10 days from the first day they had symptoms AND they have had 24 hours with no fever without the use of fever reducing medication and have improving symptoms.
- Otherwise, they may return based on the guidance for their symptoms.

Child or staff that has been exposed to COVID-19 but has no symptoms

- Must be in quarantine (excluded from school) for 14 days from the last day of exposure unless cleared by a medical professional.

Parent must make personal contact with the school on all of the above scenarios and provide written documents from the health care providers before a student will be allowed to return to class.