Student

**Emergency Anaphylaxis**

**A. Recognition of Common Allergens and Anaphylaxis Symptoms**

Anaphylaxis is a severe and life-threatening allergic reaction. Anaphylaxis may occur within minutes or longer after exposure to an allergen. The most common allergens that may cause anaphylaxis are food, insect bites, medications, and latex.

The symptoms of anaphylaxis may be different for different individuals, and may also be different for one person over time. Reported symptoms include:

- Skin reactions, including hives along with itching, and flushed or pale skin (almost always present with anaphylaxis)
- A feeling of warmth
- The sensation of a lump in the throat
- Constriction of the airways and a swollen tongue or throat, which can cause wheezing and trouble breathing
- A weak and rapid pulse
- Nausea, vomiting, or diarrhea
- Dizziness or fainting

**B. Emergency Preparedness**

(1) The Board President (or designee) shall obtain a prescription in the name of Adrian Public Schools as authorized by law for auto-injectable epinephrine as required to comply with this policy and applicable law.

(2) Each school operated by Adrian Public Schools shall maintain at least two epinephrine auto-injector devices at all times, regardless of whether any student/staff member has been diagnosed with allergies.
(3) The epinephrine auto-injectors maintained by the school may only be used by: (a) a licensed registered professional nurse who is employed or contracted by Adrian Public Schools; or (b) a school employee who is trained in the administration of an epinephrine auto-injector and who is authorized pursuant to this policy to administer an epinephrine auto-injector maintained by the school.

(4) The Superintendent (or designee) shall, in consultation with a licensed registered professional nurse or other health care provider, determine the appropriate dose(s) of epinephrine auto-injectors (e.g., Junior or Adult) to be maintained at each school based upon the school population.

(5) Maintenance/Storage/Disposal Requirements. Epinephrine auto-injectors maintained by the school shall be stored according to manufacturer’s direction, at the appropriate temperature, and in a clearly labeled and unlocked cabinet/container easily accessible to authorized personnel.

(6) The Board directs the Superintendent (or designee) to authorize a licensed registered professional nurse who is employed or contracted by the Adrian Public Schools, or a school employee who is trained in the administration of an epinephrine auto-injector under this policy, to possess an epinephrine auto-injector and to administer an epinephrine auto-injector to:
   a. a student who has a prescription on file at the school; or
   b. any other individual (including a student) on school grounds who is believed to be having an anaphylactic reaction.

(7) The Superintendent (or designee) shall:
   a. Designate and ensure that each school building within the Adrian Public Schools with an instructional and administrative staff of at least 10 has at least two employees at the school who have been trained in the appropriate use and administration of an epinephrine auto-injector.
   b. Designate and ensure that each school building within the Adrian Public Schools with an instructional and administrative staff of fewer than 10 has at least one employee at the school who has been trained in the appropriate use and administration of an epinephrine auto-injector.
(8) Training
   a. For purposes of this policy, "trained in the appropriate use and administration of an epinephrine auto-injector" means completion of training in compliance with the Training Guidelines for Designated Staff on Allergies, Anaphylaxis, and Emergency Responses issued by the Michigan Department of Education (as may be amended from time to time), conducted under the supervision of a licensed registered professional nurse, and shall include evaluation by a licensed registered professional nurse.

   b. The Superintendent (or designee) shall maintain documentation of training completed by each employee authorized to administer an epinephrine auto-injector.

C. Notice and Reporting. The Superintendent (or designee) shall:

   (1) Promptly notify the parent/legal guardian of a pupil to whom an epinephrine auto-injector has been administered and document all actual and attempted notice.

   (2) At least annually, report to the Michigan Department of Education, in the form and manner prescribed by the Department, all instances of epinephrine auto-injector administration to a student at school.

D. Student Possession and Use

   (1) The emergency anaphylactic policy requirements in this section do not alter the rights of those individuals authorized by law to self-possess or self-administer:

       a. A metered dose inhaler or a dry powder inhaler to alleviate asthmatic symptoms or for use before exercise to prevent the onset of asthmatic symptoms.

       b. An epinephrine auto-injector or epinephrine inhaler to treat anaphylaxis.

   (2) Nothing in this policy alters or diminishes the rights of individuals who have prescription epinephrine auto-injectors or students under an allergy response plan in a health plan, Section 504 plan, or individualized education plan.

Authority
MCL 380.1178, 380.1179, and 380.1179a
MCL 333.17744a
Michigan Department of Education Addendum to the 2002 Guidelines for Administering Medications to Pupils at School, Guidelines for Responding to an Anaphylaxis Emergency at School
Center for Disease Control and Prevention website: http://www.cdc.gov/healthyyouth/foodallergies/
Mayo Clinic website: http://www.mayoclinic.org/diseases-conditions/anaphylaxis/basics/symptoms/con-20014324

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