

# OCTOBER | 2019

## Adrian High School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 Orange Chicken Brown Rice	2 French Bread Pizza	3 Mashed Potato Bowl	4 Burrito Refried Beans
7 Bosco Sticks	8 Cheeseburger	9 Domino's Pizza	10 Spaghetti Garlic Twist	11 Soft Taco Refried Beans
14 Meatball Sub	15 Chicken Quesadilla	16 Individual Pizza	17 Chicken Nuggets	18 Texas Straw Hats Refried Beans
21 Chicken Sandwich	22 Bosco Sticks	23 French Bread Pizza	24 Rotini Breadstick	25 Soft Taco Refried Beans
28 French Toast Sticks Sausage Patty Hashbrown	29 Cheeseburger Baked Beans	30 Stuffed Crust Pizza	31 ½ Day No Lunch	1

### News

Free Breakfast and lunch served daily at all APS Schools K-12.

A self serve bar is at all schools daily which includes lettuce, carrot, celery sticks, A ½ cup of fruit or vegetable must be taken with each meal per the Healthy Hunger Free Act 2010. Low fat white and 1% chocolate milk are offered daily. PB&J Uncrustables, sub sandwich and chef salad are main entrée choices available daily.