



FEBRUARY | 2020

Head Start Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

WG Cereal
Fruit

4

WG Pancake
Fruit

5

WG Maple Waffle
Fruit

6

WG Bagel
Yogurt
Fruit

7

WG Toast
Peanut Butter

10

WG Cereal
Fruit

11

W.G. French Toast
Fruit

12

WG Blueberry Waffle
Fruit

13

W.G. Blueberry Muffin
Fruit

14

WG English Muffin
Fruit

17

No School

18

No School

19

No School

20

WG Bagel
Yogurt
Fruit

21

WG Toast
Peanut Butter

24

WG Cereal
Fruit

25

W.G. French Toast
Fruit

26

WG Blueberry Waffle
Fruit

27

W.G. Blueberry Muffin
Fruit

28

WG English Muffin
Fruit





FEBRUARY | 2020

Head Start Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Mini Corn Dog
Veggie Sticks
Apple

4

Chicken Sandwich
French Fries
Peach Cup

5

Walking Taco
Refried Beans
Lettuce & Tomato
Diced Pears

6

Pizza
Veggie Sticks
Orange Slices

7

Bosco Sticks
Corn
Apple

10

Cheeseburgers
Baked Beans

11

Chicken Nuggets
WG Crackers
Green Beans
Grapes

12

Macaroni & Cheese
Peas
Dinner Rolls
Frozen Treat

13

4 inch Pizza
Carrot Sticks
Peach Cup

14

Sub Sandwich
Celery Sticks
Applesauce Cup

17

No School

18

No School

19

No School

20

Calzone
Veggie Sticks
Mandarin Oranges

21

Soft Taco's
Refried Beans
Lettuce & Tomato
Banana

24

French Toast Sticks
Sausage Patty
Hashbrown
Apple Slices

25

Round Pizza's
Salad
Diced Pears

26

Boneless Chicken Wings
WG Cracker
Green Beans
Clementine

27

Pizza Sticks
Veggie Sticks
Peach Cup

28

Burrito
Refried Beans
Lettuce & Tomato
Fruit Cup

