

NOVEMBER | 2019



Head Start Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 WG English Muffin Fruit
4 WG Cereal Fruit	5 WG Pancake Fruit	6 WG Blueberry Waffle Fruit	7 WG Bagel Yogurt Fruit	8 WG Toast Peanut Butter
11 WG Cereal Fruit	12 W.G. French Toast Fruit	13 WG Maple Waffle Fruit	14 W.G. Blueberry Muffin Fruit	15 WG English Muffin Fruit
18 WG Cereal Fruit	19 WG Pancake Fruit	20 WG Blueberry Waffle Fruit	21 WG Bagel Yogurt Fruit	22 WG Toast Peanut Butter
25 No Class	26 No Class	27 No Class	28 No Class	29 No Class



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Head Start Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Burrito Clementine Salad
4 Chicken Tenders Green Beans Dinner Roll Sliced Peaches	5 Hot Dog Grapes Potato Smiles	6 Walking Taco Refried Beans Lettuce & Tomato Diced Pears	7 Calzone Veggie Sticks Mandarin Oranges	8 Bosco Sticks Corn Apple
11 Mini Corn Dogs Veggie Sticks Mixed Fruit	12 French Bread Pizza Tossed Salad Pineapple Tidbits	13 Turkey Gravy Mashed Potato WG Dinner Roll Applesauce Cup	14 Pizza Broccoli & Cauliflower Orange Slices	15 Texas Straw Hats Refried Beans Lettuce & Tomato Strawberry Cup
18 Cheeseburger French Fries Diced Peaches	19 Chicken Rings Green Beans Grapes	20 Macaroni & Cheese Peas Dinner Roll Mandarin Oranges	21 Pizza Sticks Diced Pears Veggie Sticks	22 Soft Taco Lettuce & Tomato Refried Beans Banana
25 No School	26 No School	27 No School	28 No School	29 No School

November