

ELEMENTARY OCTOBER

LUNCH

MENU 2022

MONDAY Oct 3	TUESDAY Oct 4	WEDNESDAY Oct 5	THURSDAY Oct 6	FRIDAY Oct 7
Bosco Sticks Maranara Cup Tossed Salad Mixed Fruit Milk	Soft Taco Refried Beans Lettuce & Tomato Apple Milk	Meatball Sub French Fries Diced Pears Milk	Calzone Cherry Tomatoes Fruit Cup Milk	Hot Ham & Cheese Hot Pocket Veggie Sticks Applesauce Cup Milk
Oct 10 Garlic Cheese Knots Marinara Sauce Tossed Salad Strawberry Cup Milk	Oct 11 Rib Sandwich Potato Smiles Pineapple Milk	Oct 12 Orange Chicken Fried Rice Tossed Salad Applesauce Milk	Oct 13 Domino's Pizza Veggie Sticks Apple Milk	Oct 14 Chicken Strips Graham Cracker Tossed Salad Diced Peaches Milk
Oct 17 Grilled Cheese Baked Beans Mixed Fruit Milk	Oct 18 Taco Stick Lettuce & Tomato Diced Pears Milk	Oct 19 Chicken Sandwich Cherry Tomatoes Banana Milk	Oct 20 Stromboli Broccoli & Cauliflower Mandarin oranges Milk	Oct 21 Corn Dog Hot Carrots Applesauce Cup Milk
Oct 24 Cheeseburger French Fries Grapes Milk	Oct 25 Walking Taco Refried Beans Lettuce & Tomato Blueberries Milk	Oct 26 French Toast Sticks Hashbrown Sausage Patty Strawberry Cup Milk	Oct 27 French Bread Pizza Tossed Salad Pineapple Tidbits Milk	Oct 28 ½ Day School No Lunch
Oct 31 Pizza Stick Tossed Salad Chilling Bat Orange Ice Milk				

<p><u>Available Daily</u></p> <p>Sub sandwich, Chef salad, uncrustable</p>	<p>ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK</p>	
<p>KETCHUP, SALSA, FAT FREE SALAD DRESSINGS</p>	<p>FRESH FRUIT OFFERED WITH ALL MEALS DAILY</p>	

<i>BREAKFAST AND LUNCH WILL BE FREE TO ALL STUDENTS FOR SCHOOL YEAR 2022/2023</i>	This institution is an equal opportunity provider
BREAKFAST SERVED EVERY MORNING	