



# JANUARY | 2022

## Head Start Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 No School	4 W.G. French Toast Fruit	5 W.G. Blueberry Waffle Fruit	6 W.G. Bagel, Yogurt & Fruit	7 W.G English Muffin Fruit
10 WG Cereal Fruit	11 W.G. Pancake Fruit	12 W.G. Maple Waffle Fruit	13 W.G. Blueberry Muffin Fruit	14 No School
17 No School	18 W.G. French Toast Fruit	19 W.G. Blueberry Waffle Fruit	20 W.G. Bagel, Yogurt & Fruit	21 W.G English Muffin Fruit
24 WG Cereal Fruit	25 W.G. Pancake Fruit	26 W.G. Maple Waffle Fruit	27 W.G. Blueberry Muffin Fruit	28 WG Toast Peanut Butter Fruit
31 WG Cereal Fruit	1	2	3	4





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## Head Start Lunch Menu

MONDAY

TUESDAY

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THURSDAY

FRIDAY

3 No School	4 Soft Taco Refried Beans Tossed Salad Fruit Cup	5 Mini Corn Dogs Corn Fruit Cup	6 Round Pizza Veggie Sticks Mandarin Oranges	7 Chicken Sandwich French Fries Diced Pears (All classes go)
10 Cheeseburger Potato Smiles Pineapple Tidbits	11 Chicken Tenders Graham Cracker Tossed Salad Diced Peaches	12 Calzone Tossed Salad Banana	13 Pizza Veggie Sticks Grapes	14 No School
17 No School	18 Chicken Nuggets W.G. Cracker Green Beans Applesauce Cup	19 French Toast Sticks Hashbrown Sausage Patty Apple Slices	20 Tony's Pizza Tossed Salad Mixed Fruit	21 Sub Sandwich Veggies Sticks Applesauce Cup  (All classes go)
24 Bosco Stick Marinara Cup Tossed Salad Fruit Cup	25 Texas Straw Hat Refried Beans Lettuce & Tomato Fresh Fruit	26 Macaroni & Cheese W.G Dinner Roll Carrots Banana	27 French Bread Pizza Tossed Salad Mixed Fruit	28 Boneless Chicken Wings W.G Cracker Broccoli & Cauliflower Fruit Cup (EHS Only)
31 Hot Dog French Fries Fruit Cup	1	2	3	4

