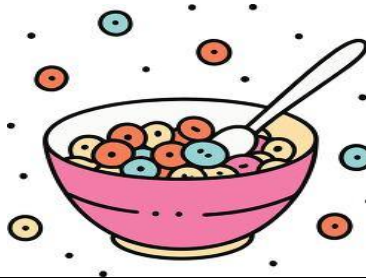


HEAD START SEPTEMBER BREAKFAST MENU 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Labor Day	2 W.G Pancake Diced Strawberries	3 W.G. Toast Peanut Butter Apple	4 W.G Blueberry Muffin Pineapple Cup	5 W.G English Muffin Blueberries
8 W.G. Cereal Applesauce Cup Milk	9 W.G Muffin Diced Strawberries	10 W.G Blueberry Waffle Apple	11 W.G Bagel Yogurt Pineapple Cup	12 EHS Non-Child Day HS Non-Child Day
15 W.G. Cereal Applesauce Cup Milk	16 W.G Pancake Diced Strawberries	17 W.G. Toast Peanut Butter Apple	18 W.G Blueberry Muffin Pineapple Cup	19 W.G English Muffin Blueberries
22 W.G. Cereal Applesauce Cup Milk	23 W.G Muffin Diced Strawberries	24 W.G Blueberry Waffle Apple	25 W.G Bagel Yogurt Pineapple Cup	26 EHS Non-Child Day HS Non-Child Day
29 W.G. Cereal Applesauce Cup Milk	30 W.G Pancake Diced Strawberries			



MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider

HEAD START

SEPTEMBER LUNCH

MENU 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Labor Day	2 Cheeseburger Tater Tots Mixed Fruit Cup Milk	3 Sot Taco Lettuce & Tomato Pineapple Tidbits Milk	4 Chicken Tenders W.G. Cracker Green Beans Apple Slices Milk	5 French Bread Pizza Tossed Salad Diced Pears Milk
8 Bosco Sticks Marinara Sauce Peas Mandarin Oranges Milk	9 Texas Straw Hat Lettuce & Tomato Applesauce Milk	10 Chicken Nuggets W.G Crackers Corn Diced Peaches Milk	11 Pizza Tossed Salad Mixed Fruit Cup Milk	12 EHS Non-Child Day HS Non-Child Day
15 Chicken Sandwich Potato Smiles Strawberry Cup Milk	16 Walking Taco Lettuce & Tomato Pineapple Tidbits Milk	17 Mini Corn Dog Baked Beans Diced Pears Milk	18 Spaghetti Garlic Bread Hot Carrots Diced Peaches Milk	19 Mini Cheeseburgers Potato Wedges Banana Milk
22 Meatloaf Blueberries Mashed Potatoes Milk	23 Macaroni & Cheese Green Beans Dinner Roll Watermelon Milk	24 Calzone Tossed Salad Diced Peaches Milk	25 French Toast Sticks Hash Brown Sausage Patty Pineapple Tidbits Cup Milk	26 EHS Non-Child Day HS Non-Child Day
29 Chicken Alfredo Garlic Bread Corn Applesauce Cup Milk	30 Orange Chicken Rice Tossed Salad Banana Milk	28 Hot Dog Baked Beans Sliced Apples Milk	29 Chicken Strips W.G. Roll Baked Beans Dicd Pears Milk	30 Round Pizza Tossed Salad Blueberries Milk
MENU SUBJECT TO CHANGE This institution is an equal opportunity provider	ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK			