



MARCH | 2022

Head Start Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	1 W.G. French Toast Fruit	2 W.G. Blueberry Waffle Fruit	3 W.G. Bagel, Yogurt & Fruit	4 W.G English Muffin Fruit
7 WG Cereal Fruit	8 W.G. Pancake Fruit	9 W.G. Maple Waffle Fruit	10 W.G. Blueberry Muffin Fruit	11 No School
14 WG Cereal Fruit	15 W.G. French Toast Fruit	16 WG. Blueberry Waffle Fruit	17 W.G. Bagel, Yogurt & Fruit	18 W.G English Muffin Fruit
21 WG Cereal Fruit	22 W.G. Pancake Fruit	23 W.G. Maple Waffle Fruit	24 W.G. Blueberry Muffin Fruit	25 WG Toast Peanut Butter Fruit
28 WG Cereal Fruit	29 W.G. French Toast Fruit	30 W.G. Blueberry Waffle Fruit	31 W.G. Bagel, Yogurt & Fruit	1





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Head Start Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	1 Tony's Pizza Tossed Salad Diced Pears	2 French Toast Sticks Hashbrown Sausage Patty Apple Slices	3 Calzone Carrot Sticks Mixed Fruit	4 Sub Sandwich Celery Sticks Applesauce Cup
7 Pizza Stick's Tossed Salad Fruit Cup	8 Soft Taco Refried Beans Tossed Salad Diced Peaches	9 Macaroni & Cheese W.G. Breadstick Green Beans Pineapple Tidbits	10 Pizza Veggie Sticks Grapes	11 No School
14 Bosco Stick Marinara Cup Tossed Salad Applesauce Cup	15 Walking Taco Refried Beans Lettuce & Tomato Fresh Fruit	16 Chicken Nuggets WG Cracker Carrots Mixed Fruit	17 Round Pizza Veggie Sticks Apple Slices	18 Boneless Chicken Wings W.G Cracker Broccoli & Cauliflower Fruit Cup
21 Chicken Sandwich French Fries Diced Pears	22 Lasagna Roll Up Garlic Bread Stick Tossed Salad Fruit Cup	23 Chicken Tenders Graham Cracker Carrot Sticks Diced Peaches	24 Tony's Pizza Tossed Salad Mandarin Oranges	25 Mini Corn Dogs Baked Beans Mandarin Oranges
28 Bosco Stick Marinara Cup Tossed Salad Applesauce Cup	29 Texas Straw Hat Refried Beans Lettuce & Tomato Banana	30 Chicken Strips W.G. Roll Green Beans Diced Peaches	31 French Bread Pizza Tossed Salad Mixed Fruit	1



Menu Subject
To Change

Mini Corn Dogs
Baked Beans
Mandarin Oranges