

HEAD START MARCH BREAKFAST MENU 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<u>1</u> W.G. Maple Waffle Fruit	<u>2</u> W.G Blueberry Muffin Fruit	<u>3</u> W.G. Toast Peanut Butter Fruit
<u>6</u> W.G. Cereal Fruit	<u>7</u> W.G French Toast Fruit	<u>8</u> W.G Blueberry Waffle Fruit	<u>9</u> W.G Bagel Yogurt Fruit	<u>10</u> NO SCHOOL
<u>13</u> W.G. Cereal Fruit	<u>14</u> W.G Pancake Fruit	<u>15</u> W.G. Maple Waffle Fruit	<u>16</u> W.G Blueberry Muffin Fruit	<u>17</u> W.G. Toast Peanut Butter Fruit
<u>20</u> W.G. Cereal Fruit	<u>21</u> W.G French Toast Fruit	<u>22</u> W.G Blueberry Waffle Fruit	<u>23</u> W.G Bagel Yogurt Fruit	<u>24</u> W.G English Muffin Fruit
<u>27</u>	28	<u>29</u>	30	31
SPRING BREAK				

<p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>MENU SUBJECT TO CHANGE</p>		
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HEAD START MARCH LUNCH MENU 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<u>1</u> Chicken Sandwich French Fries Diced Pears Milk	<u>2</u> Chicken Tenders W.G Dinner Roll Tossed Salad Orange Milk	<u>3</u> Ham Sub Sliced Cucumbers Fruit Cup Milk
<u>6</u> Macaroni & Cheese W.G. Roll Peas Diced Peaches Milk	<u>7</u> Texas Straw Hat Refried Beans Lettuce & Tomato Applesauce Cup Milk	<u>8</u> French Toast Sticks Hash Brown Sausage Patty Mandarin Oranges Milk	<u>9</u> Pizza Veggie Sticks Mixed Fruit Milk	<u>10</u> No School
<u>13</u> Crispito's Lettuce & Tomato Pineapple Tidbits Milk	<u>14</u> Soft Taco Lettuce & Tomato Grapes Milk	<u>15</u> Rotini W.G Breadstick Cucumbers Apple Slices Milk	<u>16</u> Round Pizza Veggie Slicks Diced Pears Milk	<u>17</u> Chicken Nuggets Graham Cracker Cherry Tomatoes Diced Peaches Milk
<u>20</u> Cheeseburger Fries or Tots Mixed Fruit Milk	<u>21</u> Walking Taco Lettuce & Tomato Banana Milk	<u>22</u> Bosco Stick Marinara Cup Peas Applesauce Cup Milk	<u>23</u> French Bread Pizza Tossed Salad Pineapple Tidbits Milk	<u>24</u> Mini Corn Dogs Baked Beans Mandarin Oranges Milk
<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>
SPRING BREAK				

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ALL LUNCHESES SERVED WITH
8oz
1% OR SKIM MILK

