




HEAD START MAY BREAKFAST MENU 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|------------------------------------|--|--|--|
| 1 W.G. Cereal Fruit | 2 W.G Pancake Fruit | 3 W.G. Maple Waffle Fruit | 4 W.G Blueberry Muffin Fruit | 5 W.G. Toast Peanut Butter Fruit |
| 8 W.G. Cereal Fruit | 9 W.G French Toast Fruit | 10 W.G Blueberry Waffle Fruit | 11 W.G Bagel Yogurt Fruit | 12 No School |
| 15 No School H.S.- Off 15 th 16 th & 17 th E.H.S - Off 15 TH & 16 TH | 16 No School | 17 W.G. Maple Waffle Fruit | 18 W.G Blueberry Muffin Fruit | 19 W.G. Toast Peanut Butter Fruit |
| 22 W.G. Cereal Fruit | 23 W.G French Toast Fruit | 24 W.G Blueberry Waffle Fruit | 25 W.G Bagel Yogurt Fruit | 26 No School |
| 29 No School | 30 W.G Pancake Fruit | 31 W.G. Maple Waffle Fruit | | |

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| <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>MENU SUBJECT TO CHANGE</p> |  |  |
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HEAD START MAY LUNCH MENU 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 1 Chicken Sandwich French Fries Diced Pears Milk | 2 Crispito Tossed Salad Mixed Fruit Milk | 3 Macaroni & Cheese W.G. Roll Peas Diced Peaches Milk | 4 Tony's Pizza Veggie Sticks Applesauce Milk | 5 Walking Taco Refried Bean Lettuce & Tomato Pineapple Tidbits Mi |
| 8 Hot Dog Potato Smiles Mixed Fruit Milk | 9 Texas Straw Hat Refried Beans Lettuce & Tomato Grapes Milk | 10 Rotini W.G Breadstick Green Beans Banana Milk | 11 Pizza Veggie Sticks Apple Slices Milk | 12 NO SCHOOL |
| 15 NO SCHOOL H.S.- Off 15 th 16 th and 17 th E.H.S - OFF 15 TH & 16 TH | 16 NO SCHOOL | 17 French Toast Sticks Hash Brown Sausage Patty Applesauce Milk | 18 Mini Corn Dogs Baked Beans Mandarin Orange Milk | 19 Round Pizza Veggie Slicks Fruit Cup Milk |
| 22 Cheeseburger French Fries Applesauce Milk | 23 Bosco Stick Marinara Cup Tossed Salad Mixed Fruit Milk | 24 Soft Taco Lettuce & Tomato Strawberry Cup Milk | 25 French Bread Pizza Tossed Salad Apple Milk | 26 NO SCHOOL |
| 29 NO SCHOOL | 30 Chicken Nuggets Graham Cracker Tossed Salad Fruit Cup Milk | 31 Sub Sandwich Veggie Sticks Applesauce Cup Milk | | |

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| <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>MENU SUBJECT TO CHANGE</p> | <p>ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK</p> |  |
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