

# HEAD START JANUARY BREAKFAST MENU 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Winter Break	2 Winter Break	3 W.G. Maple Waffle Fruit	4 W.G Blueberry Muffin Fruit	5 W.G. Toast Peanut Butter Fruit
8 W.G. Cereal Fruit	9 W.G French Toast Fruit	10 W.G Blueberry Waffle Fruit	11 W.G Bagel Yogurt Fruit	12 English Muffin Apple Slices
15 NO SCHOOL	16 W.G Pancake Fruit	17 W.G. Maple Waffle Fruit	18 W.G Blueberry Muffin Fruit	19 W.G. Toast Peanut Butter Fruit
22 W.G. Cereal Fruit	23 W.G French Toast Fruit	24 W.G Blueberry Waffle Fruit	25 W.G Bagel Yogurt Fruit	26 NO SCHOOL
29 W.G. Cereal Fruit	30 W.G Pancake Fruit	31 W.G. Maple Waffle Fruit		

THIS INSTITUTION IS AN  
EQUAL OPPORTUNITY  
PROVIDER

MENU SUBJECT TO CHANGE



# HEAD START JANUARY LUNCH MENU 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  WINTER BREAK	2  WINTER BREAK	3  Chicken Sandwich Baked Beans Diced Peaches Milk	4  French Bread Pizza Broccoli & Cauliflower Diced Pears Milk	5  Chicken Nuggets Graham Crackers French Fries Pineapple Tidbits Milk
8  Mini Corn Dogs Tater Tots Mandarin Oranges Milk	9  French Toast Sticks Sausage Patty Hashbrown Banana Milk	10  Macaroni & Cheese Peas Dinner Roll Pineapple Tidbits Milk	11  Pizza Sliced Cucumbers Diced Pears Milk	12  Sub Sandwich Sliced Cucumbers Applesauce Cup Milk
15  No School	16  Mini Cheeseburgers Green Beans Mixed Fruit Milk	17  Waking Taco Refried Beans Lettuce & Tomato Apple Slices Milk	18  Orange Chicken Fried Rice Tossed Salad Diced Pears Milk	19  Corn Dog Potato Smiles Mixed Fruit Milk
22  Bosco Sticks Marinara Cup Corn Apple Slices Milk	23  Chicken Drumstick Mashed Potatoes & Gravy Mandarin Oranges Milk	24  Round Pizza Tossed Salad Grapes Milk	25  Texas Straw Hats Refried Beans Lettuce & Tomato Sliced Apples Milk	26  No School
29  Cheeseburger Tater Tots Applesauce Cup Milk	30  Spaghetti Garlic Bread Tossed Salad Mandarin Oranges Milk	31  Soft Taco Refried Beans Lettuce & Tomato Diced Peaches Milk		

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**MENU SUBJECT TO CHANGE**

ALL LUNCHES SERVED WITH  
8oz  
1% OR SKIM MILK

