HEAD START FEBRUARY BREAKFAST MENU 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|------------------------------|----------------------------------|----------------------------------|--------------------------------------|
| | | 1 | <u>2</u> | <u>3</u> |
| | | W.G. Maple Waffle Fruit | W.G Blueberry Muffin Fruit | W.G. Toast Peanut Butter Fruit |
| <u>6</u> | 7 | 8 | 9 | 10 |
| W.G. Cereal Fruit | W.G French Toast Fruit | W.G Blueberry Waffle Fruit | W.G Bagel Yogurt Fruit | No SCHOOL |
| <u>3</u> | <u>14</u> | <u>15</u> | <u>16</u> | <u>17</u> |
| W.G. Cereal Fruit | W.G Pancake Fruit | W.G. Maple Waffle Fruit | W.G Blueberry Muffin Fruit | W.G. Toast Peanut Butter Fruit |
| <u>20</u> | <u>21</u> | <u>22</u> | <u>23</u> | <u>24</u> |
| No School | No School | W.G. Cereal Fruit | W.G Pancake Fruit | W.G English Muffin Fruit |
| <u>27</u> | 28 | | | |
| W.G. Cereal Fruit | W.G Pancake Fruit | | | |
| | | | | |

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE





HEAD START FEBRUARY LUNCH MENU 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | 1 | 2 | 3 |
| | | Cheeseburger French Fries Diced Pears Milk | Calzone Cherry Tomatoes Fruit Cup Milk | Hot Dog Veggie Sticks Applesauce Cup Milk |
| 6 | 7 | 8 | 9 | 10 |
| Garlic Cheese Knots Marinara Sauce Tossed Salad Strawberry Cup Milk | Rib Sandwich Potato Smiles Pineapple Milk | Orange Chicken Fried Rice Tossed Salad Diced Peaches Milk | Pizza Veggie Sticks Apple Milk | No SCHOOL |
| 13 | 14 | 15 | 16 | 17 |
| Grilled Cheese Baked Beans Mixed Fruit Milk | Soft Taco Refried Beans Lettuce & Tomato Diced Pears Milk | Chicken Sandwich Cherry Tomatoes Banana Milk | Stromboli Broccoli & Cauliflower Mandarin oranges Milk | Hot Ham & Cheese Hot Pocket Hot Carrots Applesauce Cup Milk |
| 20 | 21 | 22 | 23 | 24 |
| No SCHOOL | No SCHOOL | French Toast Sticks Hashbrown Sausage Patty Strawberry Cup Milk | French Bread Pizza Tossed Salad Pineapple Tidbits Milk | Bosco Sticks Maranara Cup Tossed Salad Mixed Fruit Milk |
| 27 | 28 | | | |
| Pizza Stick Tossed Salad Pineapple Tidbits Milk | Chicken Tenders W.G. Roll Corn Apple Milk | | | |

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