

SPRINGBROOK MIDDLE SCHOOL

NOVEMBER LUNCH MENU 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pasta Alfredo W.G Bread Stick Or Mini Corn Dogs	2 Sub Sandwich Day Or Stromboli	3 Round Pizza Or BBQ Rib Sandwich
6 Chicken Sandwich Or Crispitos	7 French Toast Sticks Hash Brown Sausage Or Pizza Sticks	8 Domino's Pizza Or Cook Choice	9 Orange Chicken & Rice Or Ham & Cheese Croissant	10 Calzone Or Round Pizza
13 Chicken Nuggets W.G Crackers Or Garlic Knots	14 Hot Dog French Fries Or Pizza Sticks	15 Soft Taco Or Corn Dog	16 Thanksgiving Dinner Turkey Mashed Potatoes & Gravy Corn Fruit Crisp Milk	17 Hot Ham & Cheese Pocket Or Totally Taco Pizza Snack Bites
20 Chicken Quesadilla Or Cheeseburger	21 ½ Day School	22 ½ Day School	23 No School	24 No School
27 Burrito Or Popcorn Chicken W.G. Crackers	28 Meatball Sub Or Pizza	29 Spaghetti Garlic Bread Or Pizza	30 Walking Taco Refried Beans Or Chicken Sandwich	

AVAILABLE DAILY

<p><u>Available Daily</u></p> <p>Sub sandwich, Chef salad, Uncrustable</p>	<p>ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK</p>	
<p>KETCHUP, SALSA, FAT FREE SALAD DRESSINGS</p>	<p>FRESH FRUIT OFFERED WITH ALL MEALS DAILY</p>	<p>MENU SUBJECT TO CHANGE</p>
<p><i>BREAKFAST AND LUNCH WILL BE FREE TO ALL STUDENTS FOR SCHOOL YEAR 2023/2024</i></p>		<p>This institution is an equal opportunity provider</p>
<p>BREAKFAST SERVED EVERY MORNING</p>		