


SPRINGBROOK MIDDLE SCHOOL

OCTOBER LUNCH MENU 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Crispito's Or Stromboli	3 Bosco Sticks Or Cheeseburger	4 Sub Sandwich Day Or Mini Twin Cheese Burgers French Fries	5 Chicken Tenders Or Corn Dog	6 Tony's Pizza Or BBQ Rib Sandwich
9 Meatball Sub Or Burrito	10 Mini Corn Dogs Baked Beans Or Sloppy Joe	11 Domino's Pizza Or Pinwheel Philly Cheese Steak Sandwich	12 Mashed Potato Bowl Or Chicken Nuggets W.G. Graham Crackers	13 Calzone Or Round Pizza
16 Popcorn Chicken W.G. Graham Crackers Or Chicken Quesadilla	17 Walking Taco Refried Beans Or French Bread Pizza	18 Grilled Cheese Tomato Soup Or Corn Dog	19 Macaroni & Cheese Peas Dinner Roll Or Garlic Knots	20 Round Pizza Or Hot Ham & Cheese Pocket Tater Tots
23 Chicken Sandwich Sweet Potato Fries OR Ham & Cheese Croissant	24 Texas Straw Hat Or Chicken Nuggets W.G. Graham Crackers	25 French Toast Sticks Hash Brown Sausage Patty Or Cook Choice	26 Spaghetti Garlic Bread Or Pizza	27 ½ Day School
30 Hot Dog Baked Beans Or Chicken Nuggets W.G Crackers	31 Soft Taco Or Ravioli			

AVAILABLE DAILY

<u>Available Daily</u> Sub sandwich, Chef salad, Uncrustable	ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK	
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	MENU SUBJECT TO CHANGE

BREAKFAST AND LUNCH WILL BE **FREE** TO ALL STUDENTS FOR SCHOOL YEAR 2022/2023

This institution is an equal opportunity provider

BREAKFAST SERVED EVERY MORNING