


SPRINGBROOK SEPTEMBER LUNCH MENU 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 29 th ½ day school no lunch	August 30 th Taco Stick Or Pizza	Aug- 31 Chicken Sandwich French Fries Or Burrito	<u>1</u> Pizza Stick's Or Stromboli	<u>2</u> No School
<u>5</u> No School	<u>6</u> Texas Straw Hat Or Chicken Sandwich	<u>7</u> Domino's Pizza Or Cheeseburger	<u>8</u> French Toast Sticks Hash Brown Sausage Or Hot Dog	<u>9</u> Chicken Tenders Graham Cracker Or Stromboli
<u>12</u> Crispitos Or Hot Dog	<u>13</u> Rotini Or Calzone	<u>14</u> Round Pizza Or BBQ Rib Sandwich	<u>15</u> Orange Chicken Or Mini Cheeseburgers	<u>16</u> Chicken Nuggets Graham Cracker Or Burrito
<u>19</u> Cheeseburger Fries or Tots Or Hot Pocket	<u>20</u> Macaroni & Cheese W.G Roll Or Chicken Tenders	<u>21</u> French Bread Pizza Or Lasagna Roll Ups	<u>22</u> Walking Taco Refried Beans Or Stromboli	<u>23</u> Mini Corn Dogs Or Chicken Quesadilla
<u>26</u> Bosco Sticks Or Chicken Sandwich	<u>27</u> Ravioli Or Cheeseburger	<u>28</u> Stuffed Crust Pizza Or Hot Dog	<u>29</u> Deli Sub Or Meatball Sub	<u>30</u> Mashed Potato Bowl Or Calzone

AVAILABLE DAILY

<p><u>Available Daily</u></p> <p>Sub sandwich, Chef salad, Uncrustable</p>	<p>ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK</p>	
<p>KETCHUP, SALSA, FAT FREE SALAD DRESSINGS</p>	<p>FRESH FRUIT OFFERED WITH ALL MEALS DAILY</p>	<p>MENU SUBJECT TO CHANGE</p>

<p><i>BREAKFAST AND LUNCH WILL BE FREE TO ALL STUDENTS FOR SCHOOL YEAR 2022/2023</i></p>	<p style="text-align: center;">This institution is an equal opportunity provider</p>
<p>BREAKFAST SERVED EVERY MORNING</p>	