SPRINGBROOK MIDDLE SCHOOL NOVEMBER LUNCH MENU 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Grilled Cheese Tomato Soup Or Pizza	2 Chicken Sandwich French Fries Or Burrito	3 Macaroni & Cheese Or Bosco Sticks	<u>4</u> Pizza Or Hot Pocket
<u>7</u>	8	9	10	<u>11</u>
Chicken Wings W.G. Roll Or Cheeseburger	Texas Straw Hat Or Chicken Sandwich	Domino's Pizza Or Cheeseburger	Mashed Potato Bowl Or Hot Dog	Chicken Tenders Graham Cracker Or Calzone
14 Chicken Nuggets Graham Cracker Or BBQ Pulled Pork Sandwich	15 Bosco Sticks Or Rotini	16 Thanksgiving Dinner Turkey Mashed Potatoes & Gravy, Corn, Roll & Butter Fruit Crisp	17 Orange Chicken Or Mini Cheeseburgers	18 Crispitos Or Chicken Wings
<u>21</u>	22	<u>23</u>	<u>24</u>	<u>25</u>
Cheeseburger Fries or Tots Or Cooks Choice	½ Day No Lunch	½ Day No Lunch	Thanksgiving	No School
<u>28</u> Bosco Sticks Or Chicken Sandwich	29 French Toast Sticks Hash Brown Sausage Or Sloppy Joe	30 Deli Sub Or Meatball Sub		

Available Daily Sub sandwich, Chef salad, Uncrustable		ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK	Give Thanks
	KETCHUP, SALSA,	FRESH FRUIT OFFERED WITH ALL	MENU SUBJECT TO
	FAT FREE SALAD DRESSINGS	MEALS DAILY	CHANGE

BREAKFAST AND LUNCH WILL BE **FREE**TO ALL STUDENTS FOR SCHOOL YEAR
2022/2023

This institution is an equal opportunity provider

BREAKFAST SERVED EVERY MORNING