



# DECEMBER | 2019

## Springbrook Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Meatball Sub Or Chicken Sandwich	<b>3</b> Chicken Quesdillia Or Cooks Choice	<b>4</b> 5 Inch Pizza Or Pulled Pork	<b>5</b> Chicken Nuggets WG Crackers Or Cheeseburger	<b>6</b> Texas Straw Hats Refried Beans Or Burrito
<b>9</b> Chicken Sandwich Or Mini Corn Dogs French Fries	<b>10</b> Bosco Sticks Corn Or Sloppy Joes	<b>11</b> Domino's Pizza Or Mini Cheeseburger	<b>12</b> Rotini Breadstick Or Cooks Choice	<b>13</b> Soft Taco Refried Beans Or Crispito's
<b>16</b> French Toast Sticks Sausage Patty Hashbrown Or Pizza Sticks	<b>17</b> Cheeseburger Baked Beans Or Chicken Wings	<b>18</b> Stuffed Crust Pizza Or Chicken Sandwich	<b>19</b> Macaroni & Cheese WG Dinner Roll Peas Or Cooks Choice	<b>20</b> ½ Day School No Lunch
<b>23</b> Winter Break	<b>24</b> Winter Break	<b>25</b> Winter Break	<b>26</b> Winter Break	<b>27</b> Winter Break
<b>30</b> Winter Break	<b>31</b> Winter Break	<b>1</b> Winter Break	<b>2</b> Winter Break	<b>3</b> Winter Break



Free Breakfast and lunch served daily at all APS Schools K-12.

A self serve bar is at all schools daily which includes lettuce, carrot, celery sticks, A ½ cup of fruit or vegetable must be taken with each meal per the Healthy Hunger Free Act 2010. Low fat white and 1% chocolate milk are offered daily. PB&J Uncrustables, sub sandwich and chef salad are main entrée choices available daily.