

OCTOBER | 2020

Springbrook Middle School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Chicken Wings WG Cracker	2 Texas Straw Hats Lettuce & Tomato Frozen Treat
5 Macaroni & Cheese Peas & Carrots Pear Cup	6 Bosco Sticks Corn Peach Cup	7 Domino's Pizza Banana Salad	8 Chicken Strips WG Cracker Carrots	9 Soft Taco Lettuce & Tomato Refried Beans Applesauce Cup
12 Pizza Sticks Celery Sticks Strawberry Cup	13 Cheeseburger Fries Baby Carrots	14 Burrito Broccoli Clementine	15 Chicken Nuggets WG Cracker Green Beans Frozen Fruit Cup	16 Walking Taco Refried Beans Lettuce & Tomato Peach Cup
19 Chicken Sandwich Tater Tots Pear	20 Mini Corn Dog Baked Beans Veggie Sticks Apple Slices	21 Round Pizza Salad Pineapple Cup	22 Chicken Wings WG Crackers Applesauce Cup	23 Stromboli Peas Fruit Sorbet
26 Hot Dog French Fries Mandarin Orange Cup	27 Bosco Sticks Corn Craisins	28 Calzone Carrots Strawberry Cup	29 Chicken Tenders WG Cracker Green Beans Grapes	30 ½ Day No Lunch

Free Breakfast and Lunch served daily at all APS Schools K-12.

A ½ cup of fruit or vegetable must be taken with each meal breakfast and lunch. Low fat white, and 1% chocolate milk are offered daily. PB&J Uncrustables, sub sandwich, and chef salads are main entrée choices available daily