

SEPTEMBER | 2019

Springbrook Middle School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 ½ Day No Lunch	4 5 inch Pizza Or Pulled Pork	5 Chicken Nuggets WG Crackers Or Cheeseburger	6 Texas Straw Hats Refried Beans Or Burrito
9 Chicken Sandwich Or Mini Corn Dogs French Fries	10 Bosco Sticks Corn Or Sloppy Joes	11 Domino's Pizza Or Mini Cheeseburgers	12 Rotini Breadstick Or Cooks Choice	13 Soft Taco Refried Beans Or Crispito's
16 French Toast Sticks Sausage Patty Hashbrown Or Pizza Sticks	17 Cheeseburger Baked Beans Or Chicken Wings	18 Stuffed Crust Pizza Or Chicken Sandwich	19 Macaroni & Cheese WG Dinner Roll Peas Or Cooks Choice	20 Burrito Or Chicken Sandwich
23 Hot Dog Or Mini Cheese Burgers	24 Chicken Tenders Green Beans Or BBQ Rib Sandwich	25 Calzone Or Cook's Choice	26 Chili Cheese Fries WG Crackers Or Cook's Choice	27 Walking Taco Refried Beans Or Chicken Quesadilla
30 Pizza Sticks Or Pulled Pork	1	2	3	4

News

back to
School



Free Breakfast and lunch served daily at all APS Schools K-12.

A self serve bar is at all schools daily which includes lettuce, carrot, celery sticks, A ½ cup of fruit or vegetable must be taken with each meal per the Healthy Hunger Free Act 2010. Low fat white and 1% chocolate milk are offered daily. PB&J Uncrustables, sub sandwich and chef salad are main entrée choices available daily.