

JANUARY 2020

Springbrook School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30	31	1	2	3	Free Breakfast and luch served daily at la APS Schools K-12.A self serve bar is at all schools daily which includes lettuce, carrot, celery sticks, A ½ cup of fruit or vegetable must be taken with each meal per the Healthy Hunger Free Act 2010. Low fat white and 1% chocolate milk are offered daily. PB&J Uncrustables, sub sandwich and chef salad are main entrée choices available daily.
⁶ Hot Dog Or Chicken Sandwich	7 Chicken Tenders WG Cracker Or Cooks Choice	8 Domino's Pizza Or Mini Corn Dogs	9 Walking Taco Refried Beans Or Cheeseburger	10 Chicken Wings WG. Dinner Roll Or Pulled Pork Sandwich	
13 Pizza Sticks Or Sloppy Joe	14 Orange Chicken WG Cracker Or Stromboli	15 Calzone Or Cooks Choice	16 Mashed Potato Bowl Or Pizza	17 ½ Day No Lunch	
20 No School	21 Cheeseburger Or Cooks Choice	22 French Bread Pizza Or Chicken Sandwich	23 Soft Taco Or Crispito's	24 Bosco Sticks Or Chicken Nuggets	
27 Chicken Sandwich Or Round Pizza	28 Crispito's Or Mini Cheeseburgers	29 Stuffed Crust Pizza Or Chicken Quesadilla	30 Chicken Strips Or Cooks Choice	31 Texas Straw Hats Or Burrito	