

SEPTEMBER | 2020



Springbrook Middle School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1	2	3	4
7 No School	8 Mini Corn Dogs Veggie Sticks Apple Slices	9 Round Pizza's Broccoli & Cauliflower Fresh Fruit	10 Chicken Wings WG Cracker Tater tots Pineapple Cup	11 Stromboli Peas Fruit Sorbet
14 Hot Dog French Fries Peach Cup	15 Bosco Sticks Corn Craisins	16 Calzone Veggie Sticks Strawberry Cup	17 Chicken Tenders WG Cracker Green Beans Grapes	18 Taco Pizza Wedges Refried Beans Veggie Sticks Frozen Fruit Cup
21 Chicken Rings WG Cracker Veggie Sticks Applesauce Cup	22 Mini Corn Dogs Peas & Carrots Peach Cup	23 Domino's Pizza Corn Banana	24 Crispitos Apple Tossed Salad	25 Soft Taco Refried Beans Lettuce & Tomato Mandarin Orange Cup
28 French Toast Sticks Hashbrown Sausage Patty Apple Slices	29 Cheeseburger Baked Beans Veggie Sticks Grapes	30 French Bread Pizza Clementine Broccoli & Cauliflower	1	2

News

Free Breakfast and lunch served daily at all APS Schools K-12.

A ½ cup of fruit or vegetable must be taken with each meal breakfast and lunch. Low fat white, and 1% chocolate milk are offered daily. PB&J Uncrustables, sub sandwich, and chef salads are main entrée choices available daily.